

ENROL NOW!

Please be aware that the deadline for enrolments is the 22nd June 2009 for Swedish Massage and the 6th July 2009 for all other subjects.

I am keen to study with Paramount College of Natural Medicine

Name

Address

Telephone

Courses of interest (please tick box/es):

- Biodiversity and Sustainable Agriculture
\$750* full payment
- Traditional Food As Medicine
\$750* full payment
- Iridology
\$750* full payment
- Aromatherapy (includes Aromatherapy Manufacturing Workshop)
\$750* full payment
- Reiki I & II
\$450* full payment
- Reflexology
\$525* full payment
- Corporate Massage
\$180* full payment
- Swedish Massage
\$525* full payment
- Deep Tissue Massage
\$525* full payment
- Muscle Energy Techniques (MET)
\$525* full payment
- Trigger Point Therapy
\$525* full payment
- Pregnancy Massage
\$325* full payment

Method of Payment:

Cash Cheque Credit Card

Credit Card No. _____

Expiry Date __ / __

* All subjects contribute towards full time accredited courses
ie. Advanced Diplomas, Diplomas & Certificate IV

Other Paramount College Courses

Natural medicine restores good health with traditional healing methods and natural remedies; natural health practitioners and products are the fastest growth sectors in health.

Become a part of this industry by enrolling now at Paramount College of Natural Medicine. The college offers several nationally recognised courses, including

- Advanced Diploma of Naturopathy
- Advanced Diploma of Western Herbal Medicine
- Advanced Diploma of Homoeopathy
- Advanced Diploma of Nutritional Medicine
- Diploma of Remedial Massage
- Certificate IV in Massage
- Certificate IV in Aromatherapy

Paramount learning is dynamic; ongoing assessments and smaller class sizes ensure a quality learning experience.

Paramount College of Natural Medicine is taking enrolments NOW for Semester 2, 2009. For Information on the full range of courses & class times, please do not hesitate to contact the college on 9209 3335.



9209 3335

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Malaga WA 6090

www.paramountcollege.edu.au

ParaPharm Pty Ltd ABN 45 098 564 099



PARAMOUNT COLLEGE
OF NATURAL MEDICINE

SHORT COURSES
SEMESTER 2 2009



*your journey begins here
... naturally*

ELECTIVES

Biodiversity and Sustainable Agriculture is an encompassing look at all aspects of growing. Whether wishing to sprout seeds on your window sill, turn your garden into an organic source of produce or wanting to commercially grow, this subject will provide you with most or all of the knowledge you require.

Duration: 12 Contact Days
Time: 9.00 to 12.00pm
Dates: Fridays
August 7, 14, 21, 28, September 4, 11, 18, 25, October 16, 23, 30, November 6

- This is a core unit for Advanced Diploma of Nutritional Medicine students

Traditional Food As Medicine explores the dieting practices of cultures from around the globe and throughout the ages. A scientific approach is taken to explain why some cultures are more long lived and others are relatively disease free ...and what it is that we can learn from such time tested practices.

Duration: 12 Contact Days
Time: 3.00 to 6.00pm
Dates: Mondays
August 3, 10, 17, 24, 31, September 7, 14, 21, October 12, 19, 26, November 2

- This is a core unit for Advanced Diploma of Nutritional Medicine students

Iridology is the fascinating and scientific study of the different lesions, colourations & irregularities within the iris. Their reflective health implications are then understood and responsibly communicated to the patient.

Duration: 12 Contact Days
Time: 9.00 to 12.00pm
Dates: Mondays
August 3, 10, 17, 24, 31, September 7, 14, 21, October 12, 19, 26, November 2

- This is a core unit for all Advanced Diploma students

Nutrition, Herbal Medicine, Homoeopathy

These subjects can be studied for personal interest or as the beginning of an advanced diploma. Times and prices for these units can be given upon request.

Reflexology recognises that the human feet are a detailed map of the body and that applying various massage techniques to such zones or reflex points, provides beneficial health effects to the corresponding areas of the body.

Duration: 5 Contact Days
Time: 9.00 to 3.50pm
Dates: Saturdays
October 17, 24, 31, November 7, 14

Aromatherapy is the medicinal & therapeutic use of essential oils. The medicinal benefits of aromatic oils are quite remarkable and not to be underestimated, especially their immune enhancing and relaxant effects. This subject also includes the Aromatherapy Manufacturing Workshop.

Duration: 6 Contact Days
Time: 9.00 to 3.50pm
Dates: Saturdays
August 22, 29, September 5, 12, 19, 26

- This is a core unit for all Certificate IV in Aromatherapy students

Reiki is a long established, gentle and non-invasive method of healing, based on the deliverance of energy, usually through the hands, to another individual. Upon completion of this elective students will be issued with nationally recognized & accredited certificates I & II Usui System of Reiki Healing.

Duration: 4 Contact Days
Time: 9.00 to 4.30pm
Dates: Saturdays & Sundays
August 8, 9, November 21, 22

Corporate Massage looks at the fast growing area of corporate massage from a marketing and business aspect to specified seated massage techniques and sequences.

Duration: 1 Contact Day
Time: 9.00 to 4.30pm
Date: Thursday
November 12

Swedish Massage: This very popular form of massage provides an individual with the various techniques necessary to provide a full body, relaxation massage.

Duration: 6 Contact Days
Time: 9.00 to 2.50pm
Dates: Mondays, Wednesdays & Fridays
July 20, 22, 24, 27, 29, 31

- This is a core unit for all Certificate IV & Advanced Diploma of Naturopathy students

Deep Tissue Massage is a therapeutic form of body work. Its intension is to reduce tension throughout all layers of skeletal muscle.

Duration: 6 Contact Days
Time: 12.30 to 5.50pm
Dates: Mondays
August 3, 10, 17, 24, 31, September 7

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Diploma of Remedial Massage students

Muscle Energy Techniques (MET) uses specific and varied movements to stretch synergistic or opposing muscles in order to re-balance muscle posture and release recent or chronic muscle tension.

Duration: 6 Contact Days
Time: 9.00 to 2.40pm
Dates: Tuesdays & Thursdays
July 14, 16, 21, 23, 28, 30

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Diploma of Remedial Massage students

Trigger Point Therapy utilises specific reflex and pressure points throughout the body, which are most beneficial for reducing the pain sensation and reducing muscle tension.

Duration: 6 Contact Days
Time: 9.00 to 2.40pm
Dates: Thursdays
August 6, 13, 20, 27, September 3, 10

- Swedish Massage is a pre-requisite for this subject
- This is a core subject for all Diploma of Remedial Massage students

Pregnancy Massage will equip the practitioner with the necessary knowledge and skills to provide a safe, relaxing and therapeutic massage to women during any stage of their pregnancy.

Duration: 2 Contact Days
Time: 9.00 to 4.30pm
Dates: Saturday & Sunday
August 15, 16

- Massage 1 is a pre-requisite for this subject
- This is a core subject for all Certificate IV in Massage students

Nutrition, Herbal Medicine, Homoeopathy

These subjects can be studied for personal interest or as the beginning of an advanced diploma. Times and prices for these units can be given upon request.

Note: Class times may be subject to change.